

Pleated and Gathered Turban



Materials needed:

- Fabric 40cm (145cm or wider) stretch fabric – polyester or a cotton and polyester blend (cooler in summer)
- Matching thread
- Elastic 15cm of 1cm wide elastic

Preparation:

- Wash and dry your fabric
- Iron if needed

Cutting:

Cut across the width of the fabric the following for the size turban you are making (you may want to make a cardboard template to use)

Small

- One rectangle 52cm x 20cm – Turban
- One rectangle 48cm x 12.5cm – Band
- One rectangle 12.5cm x 10cm – Tab

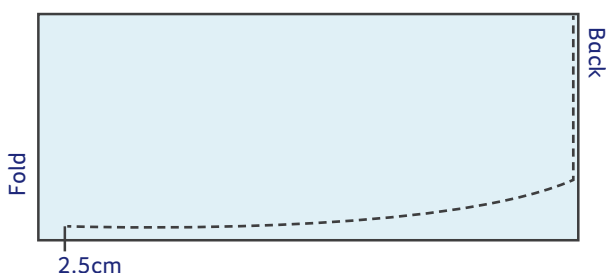
Medium

- One rectangle 56cm x 23cm – Turban
- One rectangle 54cm x 12.5cm – Band
- One rectangle 12.5cm x 10cm – Tab

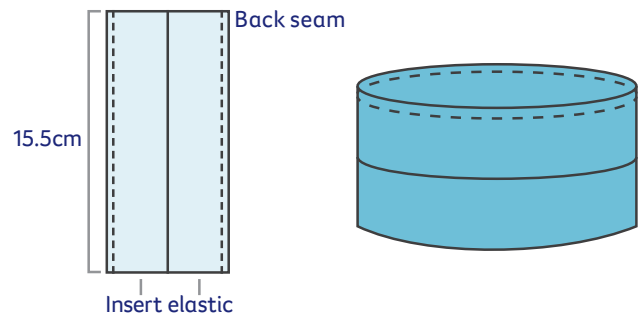
- Using the pattern, cut out the Turban. Fold the Turban rectangle in half and cut out using the pattern template
- Cut elastic into 2 pieces at 7.5cm long

Sewing:

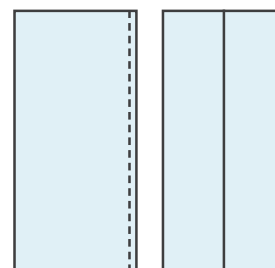
- With the right sides together, sew the ends of the bands together using a straight stitch. Open the seam and press flat
- Fold the band lengthwise right sides together
- Fold the rectangle for the turban in half, right sides together across the short side. Mark 2.5cm from the fold with a fabric pencil (or pin). Sew from this mark around the curve to the back seam using a 1.5cm seam allowance



- Open the seam allowance and stitch either side of the seam to create a casing for the elastic. Casing should be 15.5cm long. Insert the elastic into each casing and sew at the top end of the casing to secure the elastic

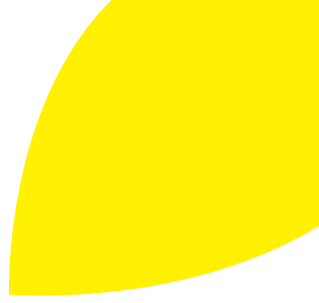


- Pin the band to the outside of the turban matching the back seams and centre fronts. Make sure the other end of the elastic is caught up in the band so that it gathers the turban at the back. Sew the band onto the turban. Seam can be overlocked or zig-zag stitched to finish if desired.
- Fold the tab in half with right sides together. Stitch along the length. Turn the tab right side out and make sure the seam is at the centre of the underside



- From the outside of the turban, slip the tab through the opening in the front seam of the turban. With the seam facing up, sew the ends of the tab together, then turn the tab so the seam and ends are inside the tab
- From the outside slip the tab through the opening in the front seam of the turban. Stitch ends of the tab together. Move the seam of the tab to the inside of the turban

Pleated and Gathered Turban Turban Pattern



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Back seam

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Cutting line

