The October Meeting for 2015 of the CQ Prostate Support and Awareness Group was held at the Community Health Centre on Thursday, 15th October, with 20 members attending and 9 apologies.

**AGM Meeting**

Gary read his Chairman’s Report highlighting our members’ participation in Beef Week, Relay for Life, Emergency Services Day, Bunnings BBQ and the Race Day. He extended his thanks to all members for their hard work and support during the year.

Minutes of the previous AGM were read and the Treasurer gave the Financial Report.

Elections for the Executive were held and are listed below:

**CHAIRMAN:** Gary Osmand
**VICE CHAIRMAN:** To be confirmed
**SECRETARY:** Jenny Leyland
**ASSISTANT SECRETARY:** Fran Campbell
**TREASURER:** Brian Capell

Our many thanks go to all of the previous year’s Executive. They have done a wonderful job of keeping the Group informed and are always willing to help us in any way possible.

Thanks are also extended to Beryl Perkins and her daughter-in-law, Lyn, for making our 16th Anniversary Cake. Cliff and Beryl are foundation members and Beryl, always makes us a lovely cake to share and celebrate.

Norm Peacock had the honour of cutting the cake. It was a delicious cake and there was not a slice left!

**General Meeting, Reminders and Date Claimers:**

It has been noticed by some members, and was discussed by all of us, that our Meetings can vary in length depending on the Guest Speaker and time allowed for questions. As a change is always good, our future Meetings will vary in format. Gary has suggested that we have the Supper break after the Speaker and then resume the Meeting. This will be trialled at the next meeting.

We were fortunate to raise money from the Big Aussie BBQ at the Races. The meeting has decided to send it to PCFA, to be used specifically for Research. We have also sent them some photos to show our recent activities. After such a busy year, there are many photos (thanks to Fran) of members to choose from!

My MANY THANKS TO FRAN CAMPBELL for her wonderful support and efficiency doing the Secretary’s role while I was away on Holidays. She did a marvellous job!

Movember is here! Who is going to “Grow a Mo” to support Prostate Cancer?
**November**

19\textsuperscript{th} Meeting  Thursday  
29\textsuperscript{th} Christmas Break Up  Sunday  

Please note, there is no meeting in December.

**January 2016**

21\textsuperscript{st} Meeting  Thursday

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2015 Christmas Break-Up! You’re Invited!

<table>
<thead>
<tr>
<th>When?</th>
<th>Sunday, 29\textsuperscript{th} November 2015</th>
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</thead>
<tbody>
<tr>
<td>What Time?</td>
<td>11:30 a.m.</td>
</tr>
<tr>
<td>Where?</td>
<td>Gracemere Hotel</td>
</tr>
</tbody>
</table>

**The Menu:**
- Choice of 3 Meats: Turkey, Apricot Glazed Ham, Pork.
- Vegetables: Roast Potato, Pumpkin, Honey Glazed Carrots, Garlic Green Beans and Broccoli.
- Dessert: Pavlova with Fruit Salad and Chantilly Cream, or Christmas Pudding with Brandy Custard and Ice Cream.

<table>
<thead>
<tr>
<th>How Much?</th>
<th>$15 per person Please pay by the Meeting on 19\textsuperscript{th} November.</th>
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</thead>
<tbody>
<tr>
<td>R.S.V.P:</td>
<td><em>If you would like to join us on this Festive Occasion, please let Jenny Leyland know by Thursday, 19\textsuperscript{th} November.</em></td>
</tr>
<tr>
<td>Phone:</td>
<td>49396656</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:jmleyland@bigpond.com">jmleyland@bigpond.com</a></td>
</tr>
</tbody>
</table>

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Our meeting ended with the drawing of the lucky door prize (Brian Cappel was the winner), cuppa and chat.

**Next Meeting**

Our next meeting is on **Thursday, 19\textsuperscript{th} November**, at the usual time and place. The Guest Speaker is **Keith Ireland**. We always look forward to seeing many of you as possible there.

Regards,    Jenny

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**CAPRICORN COAST PROSTATE SUPPORT & AWARENESS GROUP**

An attendance of 14 listened intently at our October meeting to our guest speaker and member John Watson of The Spectator magazine fame when he addressed us on Journalism – Yesterday, Today and Tomorrow.

A number of samples were passed around illustrating the ins and outs of printing a publication and the problems associated with putting it all together.

John told us of the days when he started out as a copy boy and worked himself up crossing paths with a number of celebrities to the owner of many publications some of which are still in print today and what the future holds for newspapers of the future. Thanks John for a job well done.

Apologies were received from Bryan Wotley and Margaret Manson, Margaret Whitman, and Gordon and Lyn Gifford.

As this was our final meeting for the year at the Yeppoon Hospital Meeting Rooms, our next function will be at the Capricorn Coast Tavern on Monday 30\textsuperscript{th} of November 11.30am to 12 noon for our Christmas Luncheon get together starting at 12 Mid-day.

Mark this in your diary when we hope to see you there.

JACK & KAY  
Ph: 49336466